



Fribbit the Frog says... "It's never too early to have your child's eyes examined!"

Eye See...Eye Learn is a vision and eye health program that helps parents to understand how and why they should have their child's eyes examined by an eye doctor.

Children should see an eye doctor (optometrist or ophthalmologist) between 6 and 12 months, again at 3 years of age, and then at age 5. After age 5 a yearly eye exam is recommended. It is very important that all children have at least one complete eye examination before they start school.

WHY?

- Some problems can only be treated if they are found early.
- 80% of your young child's learning is visual – through their eyes.

WHAT WILL IT COST?

- The Government plan covers the cost of eye examinations, by an eye doctor, for all children from birth to age 18 years.

HOW CAN I FIND AN EYE DOCTOR?

- You don't need a referral, you can just phone and make an appointment
- You can look in the Yellow Pages of the phone book
- Call the Alberta Association of Optometrists at 451-6824 or 1-800-272-8843
- You can go to the website www.optometrists.ab.ca and click on "Find an Optometrist Near You"

WHAT IF MY CHILD NEEDS EYE GLASSES?

- There is a program, through *Eye See...Eye Learn* which gives one FREE PAIR of EYEGASSES to every kindergarten child.
- Most school districts in Alberta have this program.

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